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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Monday, September 23, 2024

Ascension Roadmap

Graduating from one density to the next is a natural process of spiritual evolution. Here's a road map to help you understand the requirements for graduating from each density (third (physical) through eighth (Elohim- Cosmic Council)):

Third Density Graduation: Choice level

* Master the lessons of duality, free will, and the consequences of choices.
* Develop a sense of self-awareness, self-reflection, and personal responsibility.
* Cultivate empathy, compassion, and understanding for others.
* Let go of attachments to material possessions, ego, and external validation.
* Develop a sense of unity and connection with others, recognizing that we are all one.

Fourth Density Graduation: Love level

* Develop a sense of inner peace, love, and compassion that transcends the ego.
* Cultivate a higher perspective, seeing the interconnectedness of all things.
* Learn to navigate the emotional and mental planes with awareness and mastery.
* Develop a sense of cooperation and unity with others, recognizing that we are all part of a larger whole.
* Integrate the lessons of third density, letting go of separation and duality.

Fifth Density Graduation: Wisdom level

* Develop a sense of mastery over the mental and emotional planes.
* Cultivate a deep understanding of the universe and its workings.
* Learn to navigate the higher dimensions, accessing knowledge and wisdom.
* Develop a sense of detachment, observing the world without attachment or ego.
* Integrate the lessons of fourth density, recognizing the unity and interconnectedness of all things.

Sixth Density Graduation: Higher Self or Archangel level

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Chris Comish

Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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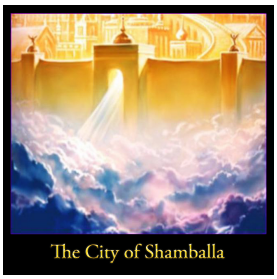

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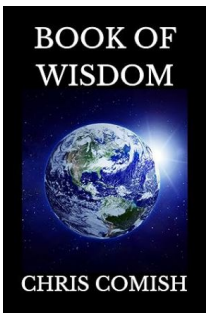

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* Develop a sense of unity with the universe, recognizing that we are all one with the cosmos.

* Cultivate a deep understanding of the nature of reality and the multiverse.

* Learn to navigate the higher dimensions, accessing higher states of consciousness.

* Develop a sense of selflessness, recognizing that the individual ego is an illusion.

* Integrate the lessons of fifth density, recognizing the unity and interconnectedness of all things.

Seventh Density Graduation: Seraphim level

* Develop a sense of complete unity with the universe, recognizing that we are all one with the divine.

* Cultivate a deep understanding of the nature of consciousness and the multiverse.

* Learn to navigate the highest dimensions, accessing the highest states of consciousness.

* Develop a sense of complete detachment, observing the world without attachment or ego.

* Integrate the lessons of sixth density, recognizing the unity and interconnectedness of all things.

Eighth Density Graduation: Elohim level

* Develop a sense of complete mastery over the universe and its workings.

* Cultivate a deep understanding of the nature of reality and the multiverse.

* Learn to navigate the highest dimensions, accessing the highest states of consciousness.

* Develop a sense of complete unity with the divine, recognizing that we are all one with the universe.

* Integrate the lessons of seventh density, recognizing the unity and interconnectedness of all things.

- September 23, 2024

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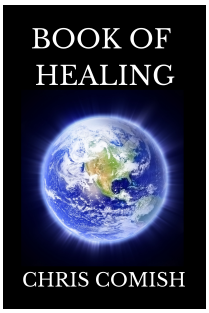

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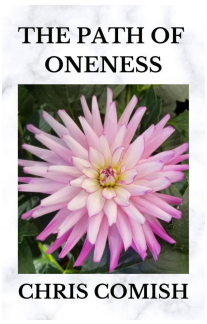

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Pictures of Heavenly (Astral) form - Soul- Oversoul (Higher Self)

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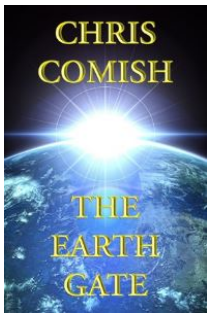

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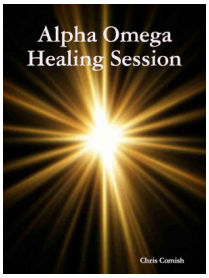

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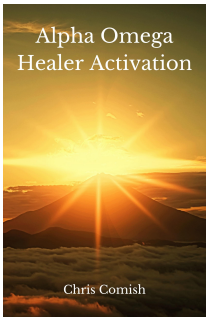

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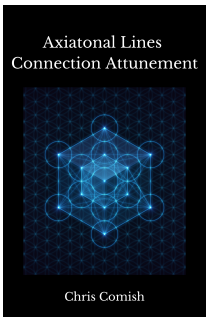

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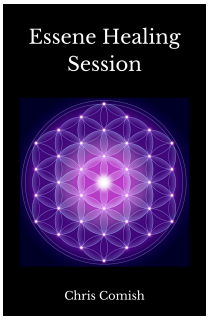

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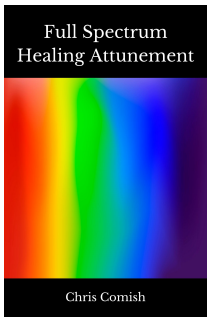

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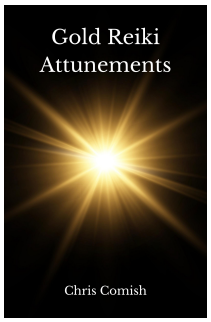

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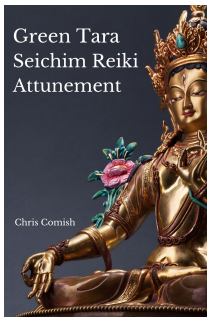

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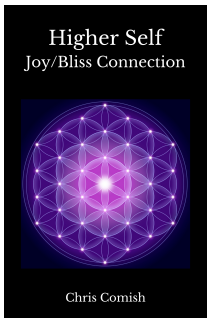

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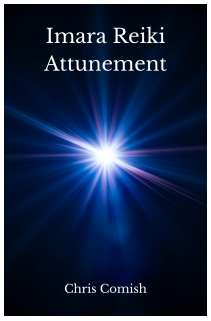

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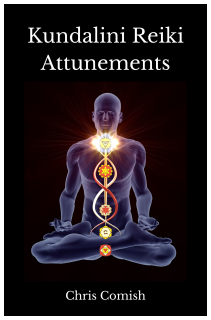

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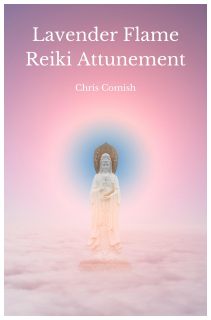

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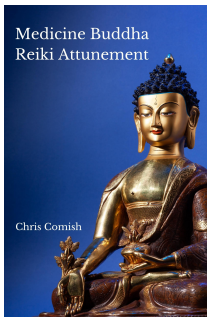

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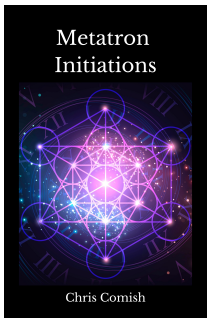

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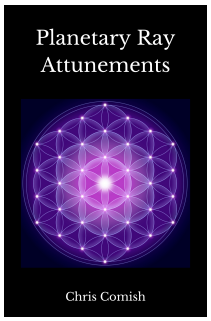

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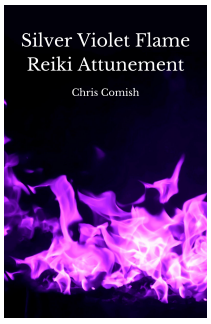

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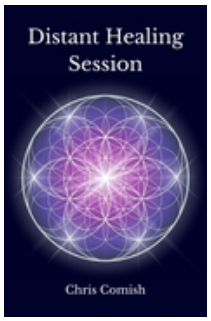

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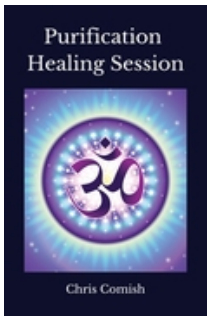

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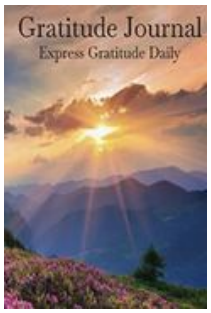

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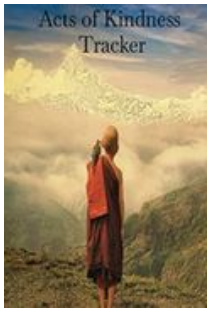

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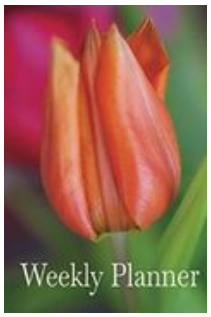

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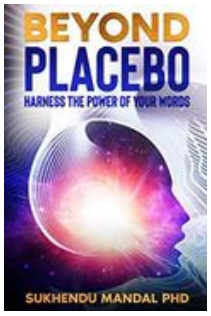

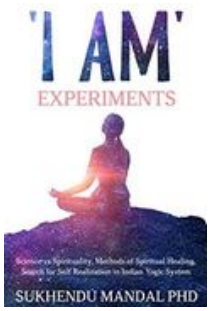

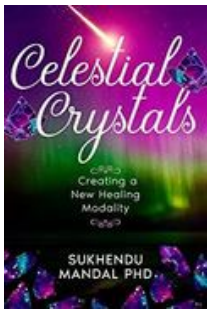

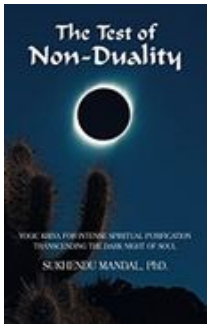

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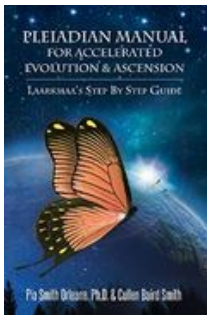

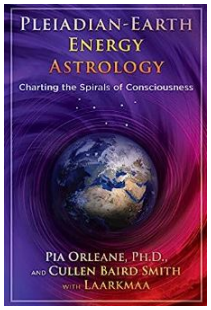
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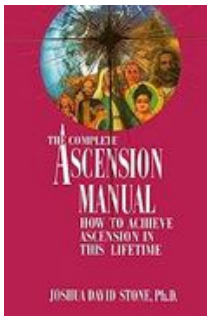
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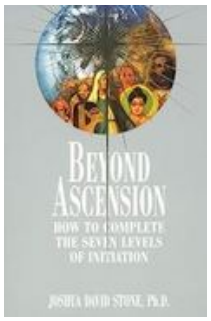
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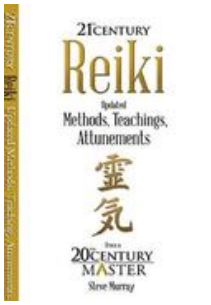
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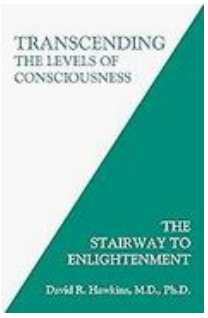
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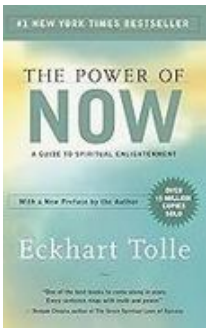
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THE POWER OF
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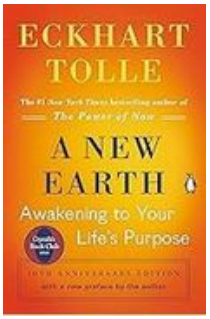
Eckhart Tolle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A NEW
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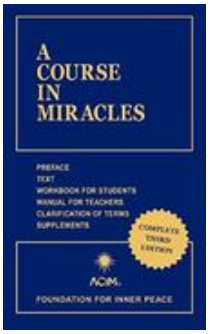
Awakening to Your
Life's Purpose

The
Jeshua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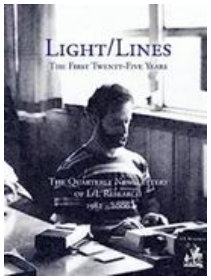
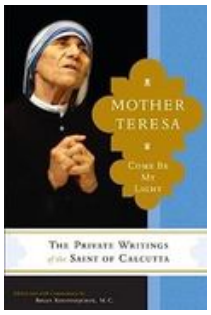

LIGHT/LINES
THE FIRST TWENTY-FIVE YEARS

THE GENE KEYS
Embracing your higher purpose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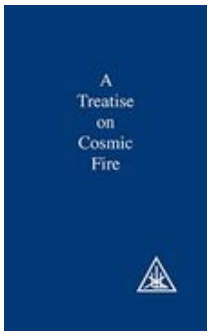
Initiation
Human and Solar


A
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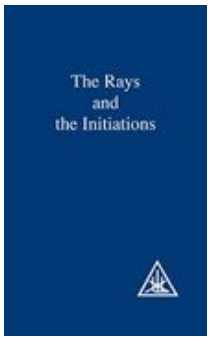
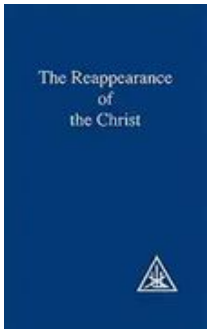

The Rays
and
the Initiations


The Reappearance
of
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The
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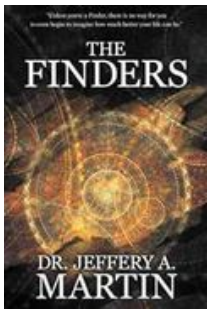
Hierarchy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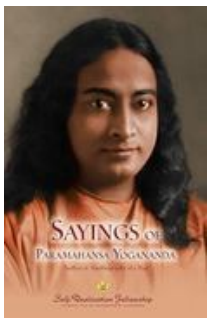
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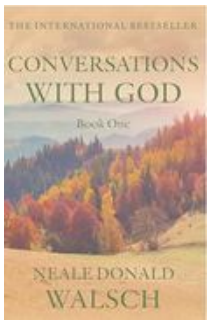
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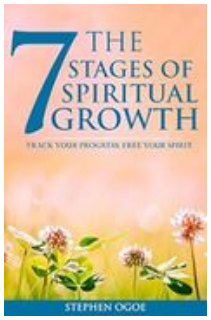
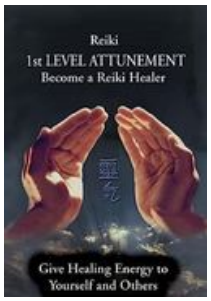
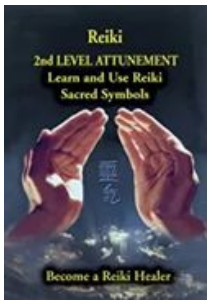
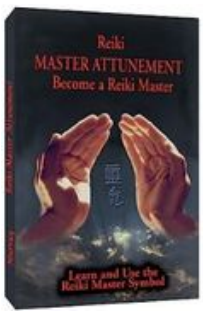
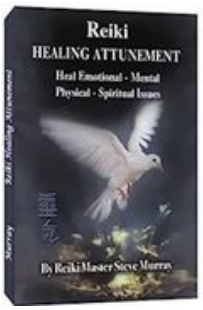


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

Blog Archive

► 2026 (7)

► 2025 (312)

▼ 2024 (77)

► December (13)

► November (3)

► October (8)

▼ September (12)

I am you and you are me

Your role with the Higher Self

Path of Earth Service

Third Density Graduation

Love and Understanding

Wise-Compassion

Ascension Roadmap

Higher Self Channeling: New Earth

Enter Samadhi

Happy 15 years Anniversary City of Shamballa members!

Two paths to the Kingdom of God

Be at Peace

► August (5)

► July (4)

► June (9)

► May (6)

► April (5)

► March (1)

► February (2)

► January (9)

► 2023 (21)

► 2022 (15)

► 2021 (1)

► 2020 (1)

► 2018 (2)

► 2017 (2)

► 2016 (5)

► 2014 (1)

► 2013 (4)

► 2012 (18)

► 2011 (51)

► 2010 (19)

Labels

- 2012
- 2014
- 5D
- after life
- afterlife
- ageless wisdom
- alien
- aliens
- angels
- anger
- archangels
- ascended
- ascended masters
- ascension
- astral
- attunements
- audiobook
- black triangle
- buddha
- chakras
- challenges
- channeling
- CHI
- cho ku rei
- chris comish
- city of shamballa
- conscious
- contact
- convergence
- cosmic
- cosmic council
- creator
- criminals
- david wilcock
- divine
- earth
- ebook
- energy
- entities
- esoteric
- essene
- experience
- faith
- faith. Love
- forgiveness
- free will
- freedom from duality
- french toast
- full spectrum healing
- gate
- ghosts
- go daddy
- God
- golden age
- harmonic
- Harmonic Convergence
- healing
- heart
- higher self

- hitchhiker
- holidays
- Human Body Energy Centers
- illuminati
- invocation
- kwan yin
- lavender flame
- law of one
- lessons
- liberation
- life
- life review
- light
- link
- ll research
- logoic body
- love
- manifestation
- masters
- Mayan Prophecy
- meaning
- meditation
- member of the month
- members
- metaphysics
- movies
- Noah
- numbers
- nwo
- oneness
- Osama bin Laden
- polarity
- postage
- prayer
- protection
- purification
- purpose
- quan yin
- quotes
- reiki
- reiki attunement
- reiki key chain
- religion
- resentment
- satisfaction
- service
- session
- shamballa
- sirius
- soul
- space
- spacecraft
- spirit
- spirituality
- stamps
- teachings
- the city of shamballa
- time
- trees
- two thousand and twelve
- ufo

- unconditional love
- unity
- void
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- winter solstice
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